Culture of Discipline

Guiding Principles for Everyone in the School

1. Respect
- I treat others the way I want to be treated
- I respect laws, rules, and school authority
- I treat people fairly and respect their rights
- I respect private and public property

2. Responsibility
- I take responsibility for my actions
- I choose how I respond to others
- I return what I borrow

3. Appreciation of Differences
- I look for the good in others
- I respect each person’s right to be different
- I see cultural diversity as an opportunity for learning

4. Honesty
- I am honest with myself and others
- I act with integrity
- I avoid spreading rumors or gossip

5. Safety
- I engage in safe activities
- I keep my body and mind healthy
- I choose only those things that are really good for me

6. Life-Long Learning
- I come to school prepared to learn
- I give my best in everything I do
- I am open and alert to solutions

When you model the Guiding Principles, you:
- Treat others with respect
- Find peaceful solutions
- Listen to each other
- Are drug free
- Keep our school clean
- Have healthy friendships
- Produce my own work
- Maintain honesty and integrity
- Show empathy and compassion
- Defend others’ rights
- Appreciate differences
- Respect the property of others
- Engage in safe activities

and you don’t tolerate:
- Bullying and intimidation
- Weapons
- Fights, threats, and violence
- Drug possession and sale
- Graffiti and vandalism
- Gang activity
- Cheating and plagiarism
- Forged and falsification
- Sexual harassment and assault
- Blackmail and extortion
- Prejudice and hate crimes
- Robbery and stealing
- Fireworks and firecrackers
1. Learn and follow school and classroom rules.

2. Solve conflicts maturely, without physical or verbal violence.

3. Keep a safe and clean campus that is free of graffiti, weapons, and drugs.

4. Be good role models and help create a positive school environment.

5. Report any bullying, harassment, or hate motivated incidents.

6. Display good sportsmanship on both the athletic field and playground.

7. Attend school on time, have school books and supplies, and be prepared to learn.

8. Keep social activities safe and report any safety hazards.
HOW TO ESTABLISH AND / OR REFINE AN EFFECTIVE SCHOOL WIDE POSITIVE BEHAVIOR SUPPORT SYSTEM

Under the auspices of the School Leadership Council, form or use an existing leadership team with an administrator and elected membership from stakeholder groups, including general and special education teachers, classified staff and parents/caregivers. The team will use the School Resource Survey (Attachment G) to identify what is in place and what might be needed at the school site. This will help to determine how to use resources to support the successful implementation of school-wide positive behavior support.

Use the steps below as an outline to guide your work.

<table>
<thead>
<tr>
<th>TASKS</th>
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<tbody>
<tr>
<td>1. Post or provide an interest flyer asking for participants from among each stakeholder group (See Resource Manual: Template.) Hold stakeholder elections.</td>
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<tr>
<td>2. The leadership team reviews past participation in school-wide positive behavior support training such as: BEST Behavior, Safe and Civil School's “Foundations, Teaching Alternative Behaviors School-Wide, or other research-based school- wide positive behavior support system training in order to determine if additional training for the team is necessary. Training can be accessed through the Behavior Support Unit at (213) 241 8051 or utilize the list of providers for selection by the appropriate school site council. (See Resource Manual for exemplary School-Wide Positive Behavior Support system rubric and list of providers/.)</td>
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<tr>
<td>3. The leadership team works with the entire school community to establish a small number of positively stated rules (3-6) aligned with A Culture of Discipline: Guiding Principles that are differentiated for each area of the campus. These rules are to be communicated and posted throughout the school community. (Resource Manual: Examples)</td>
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<td>4. The leadership team ensures that A Culture of Discipline: Guiding Principles and rules are taught, enforced, advocated and monitored throughout the school community (See Resource Manual: Lesson plan examples).</td>
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<td>5. The leadership team identifies effective procedures for recognizing appropriate behavior and reinforcing students, staff and parents. (See Resource Manual: Examples)</td>
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<td>6. The leadership team ensures that there are effective reactive strategies (planned responses) in place to address both minor problem behaviors and more challenging behaviors. There is a crisis plan in place. (See Resource Manual: Examples)</td>
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<td>7. The leadership team ensures the effectiveness of disciplinary practices at the school through a process of monitoring and evaluation. Review of office referral data, statistics on academic achievement, suspension, expulsion, opportunity transfer, attendance, and drop-out rates, and results of interventions are used to ascertain the program’s effectiveness and to plan the next steps. (See Resource Manual: Examples)</td>
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</tbody>
</table>

For assistance with any task, contact the Behavior Support Unit, (213) 241 8051.

Source: http://www.pbis.org/schoolwide.htm#Components (modified)
STUDENT TIPS

Students are one of the most important groups responsible for making the school climate safe and healthy. Students who follow school and classroom rules and encourage others to do so too, help make school a fun and pleasant place to be. Below are several tips students can use to demonstrate appropriate positive behavior at school.

- Learn and follow *A Culture of Discipline: Guiding Principles for the School Community* and the *A Culture of Discipline: Student Expectations*.

- Participate in safe activities and avoid danger.

- Be accepting of individual differences between people.

- Participate in school activities. Join clubs and sports teams at school and in your community.

- Communicate with your parents/caregivers. Let them know what is going on in your life. Introduce them to your friends and always tell them where you are going.

- Don’t wait for the problem to get too big before you tell your parent or a trusted adult.

- Find a trusted adult who can mentor and support you in achieving your dreams.

- Get help when you need it. Ask questions when you don’t understand.

- Treat others like you want them to treat you.

- Remember that you matter. Your ideas, thoughts and opinions are important and have value. Consider leadership opportunities.

- Get involved in your community. You can make a difference in someone’s life.

- Show respect by using respectful language and actions.

- Report unsafe, unhealthy conditions and bullying to an administrator.

- Be honest. Telling the truth, keeping your word and not cheating are the best ways to show character, responsibility, and maturity. Be proud of what you achieve on your own. If it’s your best, then it’s the best!
PARENT/CAREGIVER RESPONSIBILITIES

Parents/Caregivers and schools are partners in their children’s education. In order to create safe, respectful, and welcoming schools, parent/caregiver support is needed to help children learn and follow school and classroom rules. Parents/Caregivers are the most important persons in a child’s life, and have the power to influence the attitudes and behavior of their children both at home and at school. How parents handle discipline at home affects a child’s behavior at school. Treat district employees and school personnel with respect and expect them to treat you and your child with respect. Review the tips below:

- Learn *A Culture of Discipline: Guiding Principles for the School Community* and *A Culture of Discipline: Student Expectations* for LAUSD. Learn the rules for your child’s school and make sure you and your child understand and follow them. Let them know that you are in agreement with the rules and help them to understand the reasons for such rules.

- Involve your son or daughter in the establishment of rules in the home. Be clear about the rules, including consequences and rewards. A child should never be confused about the rules; they should be simple and clearly explained.

- Participate in your children’s education, help them with homework, speak to their teachers, attend school functions, such as, parent conferences, classroom programs, exhibitions of student work, and PTA meetings.

- Use a positive approach when disciplining your children. Say, “do this” more than “don’t do that.” Set limits on your children’s behavior. Agree with your children on the limits and make it clear what the consequences are for breaking the rules. Enforce the rewards and consequences consistently.

- Help your child develop a network of trusted adults to provide additional support when needed. If you are parenting alone, look for safe, healthy adult role models of both genders who can be mentors and supports for your child.

- Teach your child to resolve problems. Good listening skills, honest communication, and conflict resolution skills and patience will help your children be more resilient (able to bounce back from setbacks).

- Recognize your child’s accomplishments and improvements. Praise them when they have accomplished something or are trying hard to make improvements.

- Help your child understand the value of accepting individual differences.

- Help your children find a way to express anger without verbal attacks or physical violence. When you get upset, take advantage of the opportunity to demonstrate the appropriate reaction and speak about the issue.

- Keep open communication with your children, even when it is difficult. Also, make sure your children tell you who they are with and where they will be at all times. Meet their friends.

- Set an example for your children. Your own behavior is the basis for establishing your expectations.

- Treat district employees and school personnel with respect and expect them to treat you and your child with respect.
SCHOOL RESOURCE SURVEY

School: ________________________________________________________________
Principal: ______________________________________________________________
Grade Levels: __________________________________________________________
Name of Contact Person for School-Wide PBS: ___________ Title: ____________

In order to determine what services, academic and enrichment resources are available at your school; the following checklist has been compiled. The survey is to be used as a tool to assess your schools needs and resources. Thank you for your time in this valuable effort.

Who has these positions at your school site? Add other support staff as appropriate.

Nurse ________________________________________________________________
PSA Counselor ________________________________________________________
School Psychologist ____________________________________________________
Psychiatric Social Worker (PSW) __________________________________________
Title IX Complaint Coordinator __________________________________________
Elementary Counselor _________________________________________________
Student Intervention Specialist (AB1113) ________________________________
Parent Representative(s) ______________________________________________
Counselor(s) _________________________________________________________
UTLA Representative __________________________________________________
School Site Council Chair ______________________________________________
School Leadership Council Co-Chairs ____________________________________
Resource Teacher _____________________________________________________
Teacher Adviser _______________________________________________________

Created by: Kimberly West
Career Advisor

College Counselor/Advisor

Impact Coordinator

Who has these positions at your school site?

Discipline (in charge of)

School Police Officer

School Safety Officer

Special Education Coordinator

LAPD Juvenile Officer

Other

Please check all that apply:

Academic Support Programs: Contact
- Intersession
- Mentoring
- Tutoring
- Parenting Education and Life Skills
- Saturday School
- Extended Learning Academy
- Other: ________________________________

Behavior Support Programs: Contact
- Alternatives to Suspension
- Dean
- Progressive Discipline
- Classroom Management Training
- Positive Behavior Support
- Progressive Parent Contact
- Referral Room
- Other, please list: ________________________________

Conflict Resolution Programs: Contact
- Peacemakers
- Second Step
- Conflict Mediators/Conflict Busters
- Peer counseling
- Anti-bullying Program, please list: ________________________________
- Other: ________________________________

Federally Mandated Violence Prevention Program (teaches social-emotional skills)

In elementary and middle schools, are all students being taught the Second Step curriculum? ___Yes ___No

Do you need training/materials to implement the Second Step program? ___Yes ___No

If not implementing Second Step, what is the state approved violence prevention program that all your students are receiving? ________________________________

Created by: Kimberly West
Do you have a current attendance plan at your school?  □ Yes  □ No

Attendance Programs
☐ Abolish Chronic Truancy (ACT)  ☐ Operation Bright Future
☐ Student Attendance Review Team (SART)  ☐ Other, please list: ______________________
☐ Drop Out Prevention Programs (SB65)

Attendance Incentives
☐ Trips/Prizes  ☐ Pencils/Prizes
☐ Banners  ☐ Assemblies/Special Events
☐ Trophies/Certificates  ☐ Other, please list: ______________________

Counseling/Mental Health Services
☐ PSW  ☐ Outside Agency, please list agency and days/times: ______________________
☐ EBIC  ☐ Do you have an MOU? : ______________________
☐ Student Intervention Specialist (AB1113)  ☐ Other, please list: ______________________
☐ PSA Counselor

When a student is identified as having social service or mental health needs, what are the steps your school takes?
____________________________________________________________________
____________________________________________________________________
____________________________________________________________________

Who is in charge of this process? Name: ______________________________________

Do you have a Student Success Team?   □ Yes   □ No
If yes, how often do they meet?
☐ Weekly  ☐ Monthly
☐ 1-3 times per month  ☐ As needed

Do you have a Resource Coordinating Team (RCT)/Coordination of Services Team (COST)?  □ Yes  □ No

How often do you meet?
☐ Weekly  ☐ Monthly
☐ 1-3 times per month  ☐ As needed

Resource Coordinating Team Members (please list names and titles of all members)
____________________________________________________________________
____________________________________________________________________

How often does your Crisis Team Meet?
☐ Weekly
☐ 1-3 times per month
☐ Monthly
☐ As needed
Crisis Team Members (please list names and titles of all members)

________________________________________

Does your Crisis Team need additional training from the District?  ☐ Yes  ☐ No
If yes, please list topics of interest:

After School Programs
☐ Arnold’s All Stars  ☐ Youth Services
☐ Woodcraft Rangers  ☐ Healthy Start Program: _______________________
☐ LA’s Best  ☐ Other, please list: _______________________

Special Programs
☐ Jeopardy  ☐ Early Mental Health Initiative (EMHI)
☐ Mentor Program  ☐ Adopt-A-School, list: _______________________
☐ LA Bridges (Lead Agency: ________________)  ☐ School Community Policing Partnership
☐ Healthy Start (Coordinator: ________________)  ☐ Adolescent Family Life Program
☐ Probation Officer  ☐ Transition Services (Foster care, Probation)
☐ Project Grad  ☐ GEAR UP
☐ Cal-Learn  ☐ Other, please list: _______________________

Do you have any additional extracurricular activities for the students to participate in?
If yes, what are the activities?
1. _________________________  4. _________________________
2. _________________________  5. _________________________
3. _________________________  6. _________________________

Do you have a Parent Center?  ☐ Yes  ☐ No
If yes, how is it utilized?
☐ Parenting Classes  ☐ Career Counseling
☐ ESL Classes  ☐ Job Training/Placement
☐ Emergency Assistance  ☐ Other, please list: _______________________

Are there any programs/services you would like on your campus?

How can your Local District be of assistance to you?

Created by: Kimberly West
TOP TEN ALTERNATIVES TO SUSPENSION

<table>
<thead>
<tr>
<th>Coordinated Behavior Plan for Any Student whose behavior has impeded learning</th>
<th>Training will be available to assist appropriate staff in the creation of a structured, coordinated behavior plan specific to the student and based on the analysis of data, the assessment of the purpose of the target behavior to be reduced. This must focus on increasing desirable behavior and replacing inappropriate behavior.</th>
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<td>Alternative Programming</td>
<td>Changes in the student’s schedule, classes or course content; assignment to an alternative school or program; independent study or work experience program. Should be tailored to the student’s needs.</td>
</tr>
<tr>
<td>Behavior Monitoring</td>
<td>Strategies to monitor behavior and academic progress might include progress report cards checked after each class regarding behavior, self charting of behaviors, strategies to provide feedback to the student, etc.</td>
</tr>
<tr>
<td>Appropriate In-School Alternatives</td>
<td>In-school alternative in which academic tutoring and instruction related to the student’s behavior such as work in social-emotional skills, and a clearly defined procedure to return to class as soon as the student is ready is provided.</td>
</tr>
<tr>
<td>Community Service</td>
<td>Required amount of time in community service in school system or in the community.</td>
</tr>
<tr>
<td>Counseling</td>
<td>Students are referred for participation in group or individual counseling.</td>
</tr>
<tr>
<td>Parent Supervision in School</td>
<td>Following existing school-site visitation policy parent comes to school and provides additional support and supervision for a period or throughout the day.</td>
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<tr>
<td>Mini-Courses</td>
<td>Short courses or modules on topics related to social-emotional behavior, used as a disciplinary consequence, after-school or Saturday.</td>
</tr>
<tr>
<td>Restitution</td>
<td>Financial or “in kind.” Permits the student to restore or improve the school environment.</td>
</tr>
<tr>
<td>Problem Solving/Contracting</td>
<td>Use negotiation/problem solving approaches to assist student to identify alternatives. Develop a contract which includes reinforcers for success, &amp; consequences for continuing problems.</td>
</tr>
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</table>

Source: Reece Peterson, University of Nebraska – Lincoln & Russell Skiba, Indiana University, modified by Nancy Franklin
Three-Tiered Approach

Targeted/Intensive
(High-risk students)
Individual Interventions
(3-5%)

Selected
(At-risk Students)
Classroom & Small Group Strategies
(10-20% of students)

Universal
(All Students)
Culturally Relevant
School-wide Systems of Support
(75-85% of students)

- Intensive academic support
- Intensive social skills teaching
- Individual behavior management plans
- Parent training and collaboration
- Multi-agency collaboration (wrap-around) services
- Alternatives to suspension and expulsion
- Community and service learning

- Intensive social skills teaching
- Self-management programs
- Parent training and collaboration
- School based adult mentors
- Increased academic support and practice
- Alternatives to out-of-school suspension
- Community and service learning

- Effective Academic Support
- Social skills teaching
- Positive, proactive discipline
- Teaching school behavior expectations
- Active supervision and monitoring
- Positive reinforcement systems
- Firm, fair, and corrective discipline
- Effective classroom management
- Collaboration with families

Adapted from Sprague & Walker, 2004
<table>
<thead>
<tr>
<th>Level A: Preventive Plans</th>
<th>Level B: Preventive Plans</th>
<th>Level C: Intervention Plans</th>
</tr>
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<tbody>
<tr>
<td>Misconduct that Requires Classroom Supports</td>
<td>Misconduct that Requires a Collaborative Team Response</td>
<td>Serious Offenses with almost no Administrative Discretion</td>
</tr>
</tbody>
</table>

**Preventive Plans**
- Reinforce guiding principles
- Identify, teach and reinforce behavioral expectations, rules and social skills
- Actively supervise, monitor and provide feedback on behavior in all areas of the school
- Use firm, fair, corrective, consistent disciplinary techniques
- Identify resources at school, local district, and in the community

**Examples of School-Related Misconduct**
- Classroom disruption, (e.g., speaking out, out of seat).
- Occasional tardiness
- Poor team work / Incomplete work
- Harassing other students
- Inappropriate clothing for school
- Non-compliance with rules

**Examples of Consequences**
- Use time-out, demerit, loss of privileges or points consistently and non-emotionally assigned
- With the student, develop a contract with explicit expectations for behavior and consequences
- Assign student a written apology
- Call parents and alert them about behavior, eliciting their partnership
- Assign a contribution plan (i.e., contributing back to the classroom environment)

**Examples of School Response**
- Re-teach group expectations, routines, and strategies, modify grouping patterns
- Use systematic positive reinforcement for students when they act appropriately
- Use mentoring strategies; assign a mentor
- Utilize a daily report card, involving parents and other staff in a partnership of support
- Utilize peer tutoring/counseling
- Determine the function of the student’s behavior and teach replacement behavior

**Preventive Plans**
- Work as a team, coordinating services
- Collaborate with parent/caregiver(s)
- Develop a school-based mentoring program
- Access school, local district, District, and community resources

**Examples of School-Related Misconduct**
- Fighting
- Excessive Tardiness / On-going defiance
- Engaging in habitual profanity or vulgarity
- Being under the influence of alcohol or drugs
- Vandalism / Graffiti / Theft /
- Bullying, Harassment, Sexual Harassment
- Truancy

**Examples of Consequences**
- Assign detention or in-school suspension
- Involve student in the development of individual behavior support plan to change behavior
- Enlist parent participation in a consistent response plan, e.g. daily signed behavior report
- Clean up/ Make restitution
- Loss of privileges
- Assign an out-of-school suspension
- Possible arrest

**Examples of School Response**
- Convene a Student Success Team (SST) or COST Parent Conference.
- Use debriefing forms to address misconduct
- Refer to community agencies
- Assign campus responsibilities
- Provide conflict resolution training, peer mediation, anger management
- Encourage enrichment activities (after school clubs)
- Assign Alternatives to Suspension, including in-school suspension or detention
- Assign out-of-school suspension
- Report to Law Enforcement.

**Intervention Plans**
- Identify crisis intervention plan and procedures
- Identify emergency resources
- Use resources in school, local district, District, and community
- Work as a team, coordinating services
- Collaborate with parent/caregiver(s)

**Examples of School-Related Misconduct**
- Possessing, selling, or furnishing a firearm
- Possessing and/or Brandishing a dangerous object
- Possession of an explosive
- Selling a controlled substance
- Committing or attempting to commit a sexual assault or committing a sexual battery
- Causing or attempting to cause a serious physical injury to another.
- Robbery, Extortion

**Examples of Consequences**
- Assign out of school suspension
- Expulsion
- Possible arrest

**Examples of School Response**
- Conduct investigation, interview all witnesses
- Consult with Student Discipline Proceedings Office
- Report to Law Enforcement
- Conduct parent conference/pre-suspension conference
- Review suspension and expulsion bulletins for specifics regarding mandatory actions
- Review teacher-student-parent interaction history.
- Review social adjustment history
- Review Special Education Status
- Consult with community agencies (e.g., probation, Mental Health Centers, Children's Services).